

# Ruffage: A Practical Guide to Vegetables

## with Michigan Author Abra Berens

**\*\*VIRTUAL PROGRAM\*\***

Tuesday, September 29, 6 pm, Zoom

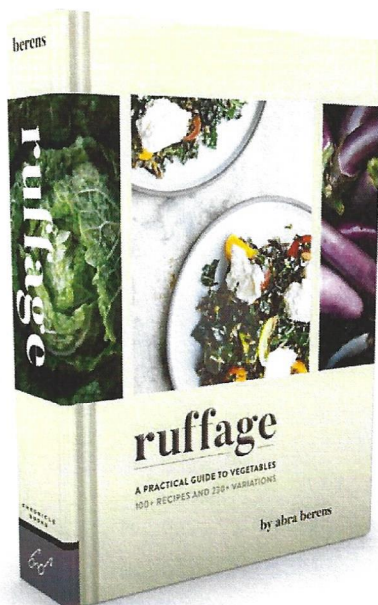
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Abra Berens is a chef, former farmer, and writer. She believes that the meals we eat should change with the seasons and that their ingredients should come from nearby. She strives to make simple, delicious meals that champions the region.

Come join us via Zoom as we welcome Ms. Berens. She will be discussing her first cookbook, *Ruffage: A Practical Guide to Vegetables*. Written from her experiences as a chef, former farmer, and everyday eater, *Ruffage* was named a 2020 Michigan Notable Book by the Library of Michigan.



This program will include a live talk, recipe demo, and question and answer session.



Registration is required. To register, please visit [www.warrenlibrary.net](http://www.warrenlibrary.net), the Information Desk, or call 586.751.5377.

Please be sure to register with your email address. Zoom meeting details will be emailed to the address you provide in your registration the day before the program. Do not share Zoom Meeting details with others.

If you have questions about using Zoom, please contact the Miller Branch of Warren Public Library before the day of the program. The phone number to the library is 586.751.5377.

