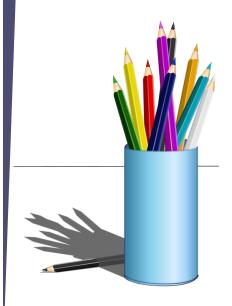
## Adult Coloring Night

## Life is About Using the Whole Box of Crayons

Coloring is just for kids, right? Not anymore! Adults across the country have picked up coloring books as a fun way to relax and unwind. The health benefits include relaxation, exercising fine motor skills, and training the brain to focus. So join us to unwind and bring out your imaginations. We'll supply all the materials. Older teens and adults only.



Thursday, March 31, 2016 6 p.m.-7:30 p.m. Warren Civic Center Library

Please call to register: 586.574.4564









